

TAJ LAUNCHES SPA IN THE CITY PACKAGE



London, 18 February, 2019: Once the home of Lords and Ladies of the Royal Court, Taj 51 Buckingham Gate and St James Court, a Taj Hotel welcome you with some of the most spacious and luxurious accommodation and the finest personal attention in London including butlers and Golden Key concierge service.

Pamper yourself at the newly launched Jiva Spa to restore your equilibrium of body and mind. Follow with a glamorous makeover by a celebrity stylist before you indulge in one of the most iconic London experiences - afternoon tea, served in theatrical elegance, just minutes away from Buckingham Palace.

It's the ultimate girl-in-the-city package with the perfect itinerary for a friends' reunion; a girls' getaway or, simply, a mother-and-daughter quality time.

The Spa In The City Package includes:

9.00 am – Access to Jiva Spa Wet Areas
 10.00 am - Indian Aromatherapy by Jiva / My Kinda Skin Facial by Temple Spa
 11:15 am – Blow-Dry/Hair-Up/Make-Up by celebrity styling salon Hair By Dar
 12:30 pm - Classic / Themed Afternoon Tea

THE JIVA SPA EXPERIENCE

Taj's own award-winning spa brand Jiva has finally arrived in Europe! Rooted in centuries-old traditions of wellness in India, Taj Hotels' signature Jiva Spas offer holistic sanctuaries in environments that lend themselves to overall well-being. Perfectly suited to balance mind and body, the treatments are inspired by the Indian heritage of healing traditions, Ayurveda and Yoga.

Open to both hotel guests and locals, [the new spa in London](#) boasts a unique concept born out of a collaboration between Jiva Spa and the British lifestyle brand, Temple Spa. This exciting partnership is a mélange of Jiva's traditional Indian treatments dedicated to nurturing the body with Temple's contemporary Mediterranean wellness philosophy and results driven products.

To further enhance the experience, Emil Eve Architects, the design studio behind the project, opted for striking charcoal grey walls and terrazzo flooring throughout. Wooden details, exposed brickwork and forest-green ceramic tiles complement the design of the relaxation and vitality pool area, allowing guests to immerse themselves in this highly regenerative experience, in a tranquil haven in the heart of London.

Signature treatments include Vishrama, a deep muscular massage for profound relaxation, Sushupti, an indulgent treatment for dreamless sleep and glowing skin and Pehlwan Malish, the warrior massage. Temple Spa completes the diverse spa menu with a selection of Mediterranean inspired treatments including the crème de la crème of facials, the Champagne and Truffle Deluxe Treatment, a 90-minute luxury facial that combines the award-winning Truffle skin care with a specialist lifting massage.

The Indian Aromatherapy treatment, offered in the Spa In The City Package, is a 60-min indulgent massage, in which essential signature oils are generously applied and absorbed through the skin, circulating relaxing and therapeutic properties throughout the body. Guests choose their own bespoke range of all-natural energising, relaxing or detoxifying blends.

The alternative option from the Temple Spa menu is the My Kinds Skin Facial, which includes a tailored face & décolleté massage plus a relaxing scalp massage.

A CLASSIC AFTERNOON TEA

Feeling relaxed and fabulous, indulge in a [traditional English afternoon tea](#), served in Bistro restaurant at St. James' Court, A Taj Hotel.

Savour classics such as Scottish salmon, dill cream cheese and caviar on toasted brioche; rosemary-scented tenderloin minced pie; honey-roasted chicken salad, watercress and piccalilli on sundried tomato bread and the ever-so-popular cucumber, oak smoked cheddar and tomato chutney on beetroot bread.

The sweet temptations include chocolate and vanilla Battenberg cake; raspberry Bakewell tart; Victorian Red Velvet pastry; honeycomb and custard roulade alongside the traditional scones with Devonshire clotted cream and strawberry jam.

The tea is served in carefully selected fine bone china sets from the Wedgwood's Tea Garden Lemon & Ginger collection, featuring a beautifully bold lemon coloured backdrop adorned with delicate florals and gold accents – the perfect imitation of the lemon-and-ginger tea flavour. Vegetarian version of the menu is also available.

In the neighbouring Taj 51 Buckingham Gate, Kona restaurant's [award-winning afternoon teas](#) are another option available at a surcharge. Classified by the Telegraph as some of the best afternoon teas in London, the Alice Tea Party in Wonderland; Jasmine Indian Afternoon Tea and Candy-Striped Carousel Afternoon Tea are a must-have indulgence.

MAKEOVER BY DAR

[Hair by Dar](#) is a luxurious salon, specialising in express glamour service. Stylist to the stars, Dar has teamed up with celebrity make-up artist, Armand Beasley to create a personalised hair and make-up service, with clients from international royalty to Hollywood icons.

Whether you require a blow-dry or a glamourous hair and make-up styling, Hair By Dar is perfect for all your needs. For the “Spa In The City” Package you can choose between a blow-dry; a hair-up or a make-up session. Some conditions apply. *

The Spa In The City Package costs £180 per person (plus £20/person should you opt for Kona’s themed afternoon teas).

The package can accommodate up to three people at a time and can be booked (pre-paid and no-refundable) up to three days in advance.

It can also be bought in the form of a gift voucher to be redeemed on a chosen date.

* Only two people at a time can be accommodated for Hair By Dar make-up session. Hair blow-dry and hair-up are not suitable for hair extensions.

For more information, please contact
sales.london@tajhotels.com

Notes to Editors:

[St. James' Court, A Taj Hotel, London](#)
[Taj 51 Buckingham Gate Suites and Residences](#)

Jiva Spa

Our treatments and therapies are inspired by the very meaning of the word Jiva ('inner force') which, for centuries, has been deeply rooted in India's rich heritage of wellness. By blending ancient secret techniques and ingredients, we offer the perfect amalgamation that'll heal the mind, body and spirit through our exhilarating spa experience.

Temple Spa

The Temple Spa story began almost two decades ago. After many years of creating businesses and products for others, we really wanted to have our own brand and infuse it with joy, passion and excellence.

We're a British brand with a Mediterranean soul. Our luxurious results-driven skincare and spa experiences are a tool in the hand to “spa wherever you are” and most importantly to live, breathe and love who you are.